

Annual Impact Report 2024



A better world through
better relationships

Our vision and values



Vision

- A better world through better relationships



Purpose

- To develop knowledge and new ways of supporting relationships



Ambition

- Everyone can get the help they need for their relationships at all life stages
- Wider understanding of how relationship quality impacts our health and wellbeing
- Health and social care systems that recognise the importance of relationships in our lives



Objectives

- Sharing knowledge with government and other agencies to influence thinking about couples, families and the importance of relationships at national and local levels
- Training the next generation of couples psychotherapists and the relationship support workforce more generally
- Embedding a relationships-based approach in frontline practice
- Undertaking research and writing to influence relationship support policy and practice



Values

- We're dedicated to developing knowledge and practice in our field
- We're committed to sharing our knowledge and expertise in order to improve the quality of people's lives

Contents

Executive summary	4
Message from the Chair	4
Message from the CEO	5
Highlights 2023/24	7
Our impact on the community	9
Youth Endowment Fund research study	10
Children in Need project	10
National Centre for Supervision of Parent-Infant Relationships	11
Reducing Parental Conflict workforce training	13
Hidden workforce	13
Digital support for parents	13
Relationship help	14
Our services	15
Enhancing clinical practice	15
Professional development	16
Psychotherapist trainings	17
Psychosexual courses	17
Couple Therapy for Depression Training for practitioners working in NHS Talking Therapy services	19
CTfD with a Perinatal Focus	19
Professional membership activities	20
TR Together	21
Governance and finances	24
TIMP Board and organisational structure	25
Financial overview	27
Publications list	29

Executive summary

Introduction

This report details the work of Tavistock Relationships (TR) during the financial year 2023-2024 and our strategy for delivering our charitable mission in coming years.

Message from the Chair

This is my last introduction to a TR annual report as, after ten years' service, I stood down as Chair of trustees in July 2024. It was an immense privilege to chair the board at TR and I feel very fortunate to have done so.

While the funding environment for relationship support services remained challenging in 2023-24, I would like to commend the staff and trustees at TR for their dedication and commitment to ensuring that the vital work of the charity can continue. I would like to thank our donors for their support during this period for what has been a difficult period in the charity's history

Despite the reduction in income we had some notable successes. These included being selected by the Youth Endowment Fund to run a randomised controlled trial of mentalization-based therapy for parents of 8-14 year olds at risk of becoming involved in serious violence, and being awarded the contract by the Department of Health and Social Care to set up a national centre for clinical supervision to support practitioners working with parent-infant relationships. It is also a sign of the esteem with which TR is held that a university with the reputation of Birkbeck has chosen to accredit our courses.



Professor Nick Pearce, Chair of Trustees

We have taken action as a charity to ensure that our funding model is sustainable and robust. While there will undoubtedly be further financial challenges ahead, I believe that TR ended the financial year better equipped to ride out such difficulties in the future, to build on its current partnerships, and to forge new ones, to ensure that ever more people can access the relationship support which they need. I pay tribute to everyone who works at TR and all its trustees and wish the organisation every success for the future.

Professor Nick Pearce, Chair

Message from the CEO

It is often said that an organisation is only as good as the people within it. For TR, the truth of this has never been as evident as it has this year. At a time when the funding environment has been especially challenging, TR's staff and learning community has achieved so much. The key areas of our activity include practitioner training, couple psychotherapy services, research, and innovation as well as training and CPD for the wider community of psychotherapists and mental health practitioners. As you will see, as you read on, our achievements in each of these areas have been hugely significant this year.

- We have received funding to conduct a randomised controlled trial, awarded by the Youth Endowment Fund, to research the impact on their children of intervening with parents who are in high conflict. This RCT of Mentalization-Based Couple Therapy is being delivered in partnership with three local authorities- Bristol, Dorset and Bournemouth Poole and Christchurch (BPC). Achieving this, and other grant awards this year, indicates that TR is succeeding in its mission to achieve greater acknowledgment amongst government, commissioners, and academic funders, that intervening to address parental conflict is a key way of improving the mental health and wellbeing of children.
- Other successes this year indicate that this message is being understood at a funding and policy level. For example, we saw the fourth and final year of a project funded by BBC Children in Need. That another major funding body recognises the need to provide



Andrew Balfour CEO

support to parents to positively impact the mental health and development of their children is hugely encouraging.

- This year, TR was also awarded the contract to establish and run a new National Centre for Supervision of Parent-Infant Relationships. Funded by the Department for Health and Social Care, this aims to improve outcomes for parents and children while building resilience in practitioners through the provision of expert support from clinical supervisors. It is particularly fitting, I think, for TR to have been successful in its bid to set up and run this centre given our long history of thinking about, developing, and arguing for the importance of supervision as a key element of effective services to help couples, families, and children.

Executive summary

- We have also continued to train NHS practitioners and supervisors in the NICE-recommended therapy Couple Therapy for Depression and were delighted to be commissioned to develop and deliver a new variation of this intervention for perinatal services.
- Our Clinical Services delivered more than 14,500 sessions to 2,300 clients (including more than 5,000 at low and reduced fees) this year. And in respect of our training work, our partnership with Birkbeck University got underway, resulting in increased numbers of students enrolling on our psychodynamic and other courses.
- Last, but by no means least, this year saw the launch of TR Together, our new professional CPD platform which aims to advance the understanding of relationships and of relationship-focused therapy and support, so that everyone gets the help they need. TR Together has had a hugely successful first year and we look forward to expanding its offer in the future.

Over the last few years, a key priority has been to increase our diversity and inclusivity, improving the accessibility of our services and our practitioner trainings. To this end, we have sought to fundraise to provide bursary support for people who would otherwise be unable to access our trainings. Additionally, we have reviewed our course materials to try to ensure that diversity is reflected across our academic curriculum. We have developed a CPD training for staff entitled 'A closer look at the complexities of race and culture in couple work', which has received excellent feedback. Our Diversity and Inclusion Manager has continued in her role and supported the organisation through thinking

about difference with a monthly newsletter to support more courageous conversations, which has been well received across the TR learning community. Whilst I am pleased that we have made significant progress this year, as an organisation we recognise that there is a lot more to do.

This year we have updated our vision and mission statement and launched our new website – based on a refreshed brand – to reflect the changes we have made. These represent an outward-looking, modern organisation but one which is still very much connected to its roots and history. Our new strapline: *A better world through better relationships* encapsulates, I believe, what we have always been about as a charity: improving the quality of our relationships has profoundly meaningful and substantial effects on the kind of world we live in.

TR's roots go back many decades with a mission to research and develop new approaches, to reach people who would not otherwise be able to access relationship support. As CEO, it is particularly heartening to have been commissioned by Legal and General to carry out qualitative research into the needs of 'the hidden workforce' - people who keep London functioning through low-paid and often insecure roles such as security work, cleaning, and catering. For at the heart of TR's mission is a desire to ensure that the relational and mental health needs of everyone in our society are looked after. We have already seen some exciting policy initiatives come out of the report that we published, and we hope that these will have a real impact on people's lives and wellbeing in the future.

Andrew Balfour, CEO

Highlights 2023/24



More than
14,500 sessions
to around
2,300 clients



Nearly
**5,500 low/
reduced fee**
sessions



75 NHS practitioners
4 NHS supervisors
trained in Couple Therapy
for Depression (CTfD)



90 families
helped through the
Youth Endowment Fund
SIPCo inter-parental
communication project

Highlights 2023/24



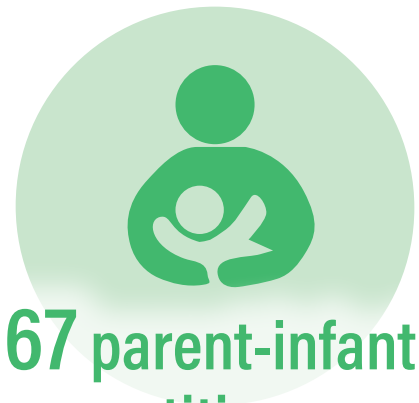
188 students
on our in-depth trainings



Partnerships with
20 local authorities
in training to help reduce
parental conflict



3,030 registrations
for TR Together CPD events



**67 parent-infant
practitioners**
supported through
our new NCSPIR centre



26 practitioners
Trained in CTfD with a
perinatal focus

Our impact in the community



Who did we help this year and how did we do it?

Our impact in the community

Youth Endowment Fund research study

The Youth Endowment Fund informed us this year that they will continue to fund the SIPCo (Supporting Inter Parental Communication) project into its efficacy phase. This follows an excellent year during which we have worked with over 90 families, offering either mentalization-based therapy for parents under pressure (MBT-PP), or treatment as usual in their local context. The randomised control trial aims to reduce violence among 8–14-year-olds and works with parents in Dorset, Bournemouth Christchurch as well as Poole and Bristol. Our therapists are working with parents to help them regulate their emotions more effectively by learning skills which improve their communication with their co-parent, whether they are living together or separated. The evidence derived from this study will inform future commissioning decisions by local authorities and other agencies.

Support for Inter-Parental Communication

• Do you have a child or children aged between 8 and 14?
• Do you find it hard to get on with your partner or your ex?
• Do you argue or shout at each other?
• Or have you stopped talking to each other because it's too difficult?

If so, then this SIPCo project could help.

Support is available for either one or both parents. The help on offer will either be relationship therapy (delivered by the couple therapy charity Tavistock Relationships) or a local practitioner will help you access online resources which can be used at your own pace. If English is not your first language, translators can be provided.

Please contact Gina Pazienna:
• relationshipsmatter@bristol.gov.uk
• 07721 635376
• Visit the SIPCo page at www.bristol.gov.uk

When you apply, your details will not be shared with anyone else. After applying online, if you do not see our response email, please check your junk/spam folder, then mark relationshipsmatter@bristol.gov.uk as a trusted sender.

Scan QR code to find out more

Logos: TR, Sheffield Hallam University, YOUTH ENDOWMENT FUND



Children in Need project

The final year of the project saw TR help a number of parents who had a combined total of 19 children between them. All of these children who took part in the peer mentoring element of the project were found to have made progress on the three measures used to evaluate the project: feeling less isolated, feeling more optimistic about the future and having increased confidence to communicate their feelings to trusted adults and peers.



National Centre for Supervision of Parent-Infant Relationships

The National Centre for Supervision of Parent-Infant Relationships (NCSPiR) is delivered by TR via a grant awarded in December 2023 from the Department for Health and Social Care. NCSPiR is part of the Government's Family Hubs and Start for Life programmes and is funded until March 2025.

NCSPiR surveyed the 75 local authority areas in the Start for Life programme between January to March 2024 to understand the need for clinical supervision services and ensure the services we developed meet their needs. 45 of the areas replied and we published a report on the results of the survey.

NCSPiR has recruited a team of 39 clinicians who each have expertise in the supervision of parent-infant relationships. They are providing regular small group supervision both online and in person to practitioners in the local authority areas with the aim of supporting those staff working with parents and infants and improving outcomes for parents and infants.

We are already supporting 67 practitioners in 13 different local authority areas with expert parent-infant clinical supervision and are engaged with a further 21 local authority areas to onboard more supervision groups in the coming weeks.



Our impact in the community

In surveys completed after each supervision, practitioners have told us they feel being part of a group is beneficial and have reported that supervision is giving them confidence which they hope, in turn, will support the families they are working with. They have told us they appreciate the opportunity to reflect on their experiences using colleagues and a supervisor, within a safe space, helping them to look at how a baby reacts and interacts with its parents and to think about their own feelings when interacting with families.

NCSPIR

National Centre for Supervision
of Parent-Infant Relationships

Participant Survey Results

83%

have reported supervision has helped them to feel supported in their work with babies and their families

78%

have reported supervision has helped them to feel more confident in supporting parent-infant relationships

74%

have reported supervision has helped them to think about the baby's experience

90%

have reported supervision has helped them feel more able to share concerns and talk openly about their experience of their work

79%

have reported supervision has helped them with your own health and wellbeing

79%

have reported supervision has helped them to be curious about diversity and difference – your own and the families you are working with

Reducing Parental Conflict workforce training



We have continued this year to work in partnership with over 20 local authorities to deliver online and in-person training. We have developed new training to support frontline workers in developing their skills in working with highly conflicted parents, and delivered monthly clinical supervision to three local authorities in addition to more than 50 training days nationwide. We have also created bespoke training for Ealing, Barnet, Oxfordshire, Merton and Birmingham local authorities.

Hidden workforce

The partnership we developed used with Legal and General to produce the Hidden Workforce report has continued to be important. Several London boroughs have used it to influence policy and priorities, including the City Corporation. Professor Michael Marmot has referenced the report in a number of speaking engagements to highlight the important issues it raises, and we cited the document in bids to demonstrate our expertise in conducting action research.



Digital support for parents



Demand for our digital relationship support services has increased this year and we are now providing access to Between Us (our relationship support app for parents) to eight local authorities. Four local authorities have also bought access to Better Conversations, the digital role-play tool designed to help parents in conflict learn to have more constructive, less acrimonious interactions with their partners or former partners.

Relationship help

Couples and individuals seeking psychological therapy for mental health and/or relationship difficulties



14,500
sessions to
around
2,300
clients

Our services

Last year our Psychotherapy and Counselling Services delivered over 14,500 sessions to approximately 2,300 clients. This included the delivery of nearly 5,500 sessions at low and reduced fees. We were able to provide this valuable and accessible help through our trainee clinical placements and qualified therapist pro bono work.

In addition to our core counselling and psychotherapy therapy services, we continued to offer a range of specialised services aimed at supporting couples through challenges encountered throughout the course of their relationship. These included:

- Psychosexual Service
- Divorce and Separation Consultation Service
- Parenting Service
- Couples Perinatal Service
- Relationship Focused Group Therapy
- Parents as Partners for Parents with Global Developmental Disorder



Nearly
5,500
sessions at low
and reduced
fees

Enhancing clinical practice

As part of our continuing commitment to therapist professional development, clinical services also offered a range of CPD events, including:

- Mentalization Based Therapy for Couples CPD course
- Working with Divorce and Separation CPD course
- Infant Observation CPD Course
- Working with Diversity and Culture CPD event
- The Meaning of Money CPD event

Professional development



Who did we train this year?

Introduction Course

9 Trainees introduced in September 2023

Foundation Certificate

66 Trainees (daytime course established for the first time)

Psychodynamic Training

64 Trainees (September 2023 included the first Birkbeck intake)

Psychoanalytic Training

7 Trainees

Psychotherapist trainings

We have supported the professional development of students, trainees and practitioners through a wealth of courses designed to develop knowledge and skills in relation to helping couples.

We ran foundation courses, and clinical training programmes with a psychoanalytic or psychodynamic focus, as well as specialist psychosexual training.

Our clinical trainings are awarded by the internationally renowned Birkbeck, University of London and accredited by a range of professional bodies, including BACP, BPC and COSRT.

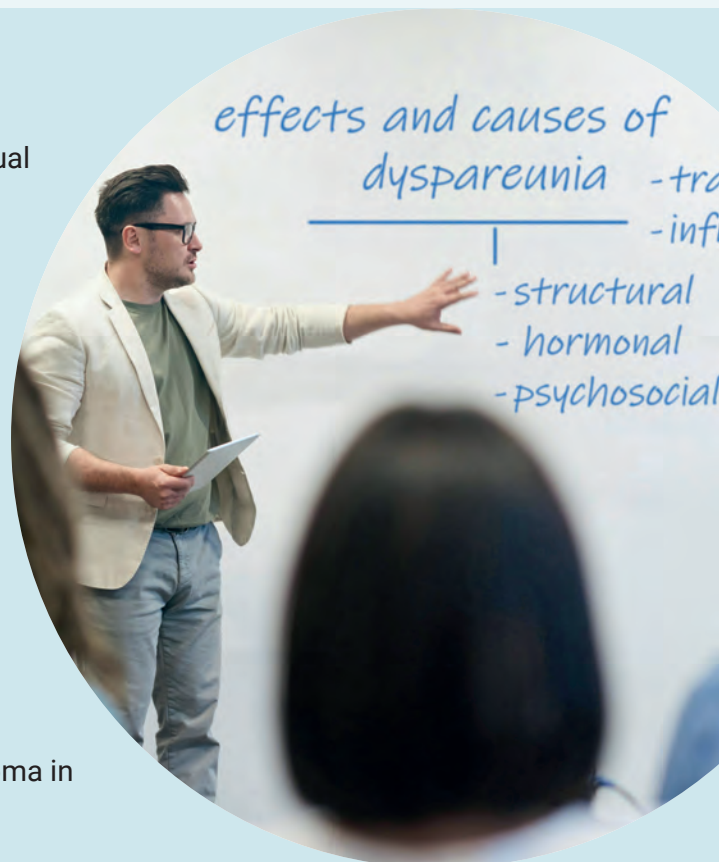
Psychosexual courses

Currently, we have a total of 44 trainees on our psychosexual courses. The cohort numbers are:

- 11 trainees - Diploma Psychosexual Year 1 (2023 cohort)
- 12 trainees - Diploma Psychosexual Year 2 (2022 cohort)
- 1 trainee who has returned from a maternity break - Diploma Psychosexual Year 2 (2021 cohort)
- 20 trainees – Certificate in Psychosexual Studies (2023 cohort)

The 2022 cohort are in their final year and currently researching and writing their qualifying paper. They will graduate in January 2025.

In 2023, we also renewed COSRT (College of Sexual and Relationship Therapists) course accreditation for the Diploma in Psychosexual Therapy.



Professional development

What our students say

"I've been very impressed and inspired by the teaching sessions, which are a really good balance between theory and 'real life' examples ..."

"The course has been excellent - it has broadened my thinking personally and professionally ..."

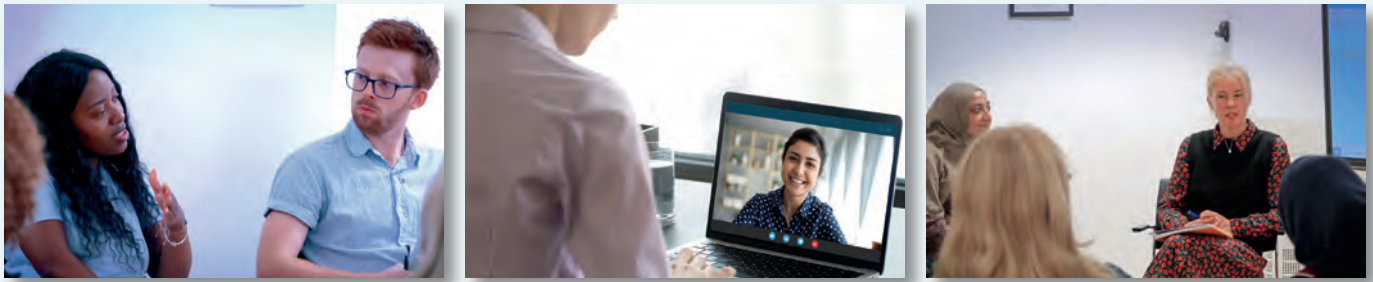
"I cannot praise this course enough. It is so thorough and well-informed ..."

Partnered with excellence

Our clinical masters' trainings are awarded by the internationally renowned Birkbeck, University of London and our professional courses are accredited by the leading professional bodies:



Couple Therapy for Depression Training for practitioners working in NHS Talking Therapy services



Thanks to continued hard work from the entire team, 2023-2024 was a good year for CTfD, achieving approximately £410,000 in income.

Specifically, we trained:

- 75 NHS practitioners
- 4 NHS supervisors

We also delivered 2 CPDs for NHSTT therapists (one through TR and one through Bespoke Mental Health) and 1 CPD for NHSTT managers and clinical leads.

We hope to replicate the training offer from 2023/24 this coming year. Unfortunately, we commissions will not be confirmed until July 2024 at the earliest. Despite this, we hope to hold:

- 4 CTfD practitioner trainings (beginning September 2024, with 2 in 2025)
- 2 CTfD practitioner trainings with a perinatal focus
- 1 CTfD supervisor training
- 3 Awareness Day trainings to perinatal services
- 3 CPDs

There is also interest in a CTfD training being run in Poland.

CTfD with a perinatal focus



The team were also delighted to be commissioned to deliver a variation on the CTfD model to perinatal services across the country. We trained 26 perinatal practitioners in this approach and provided 3 Awareness Raising Days to staff within perinatal services.

Professional development

Professional membership activities

Our professional membership organisation TR Association of Psychotherapists and Counsellors (TRAPC) offers a rich programme of meetings for members who include current trainees, qualified practitioners and also international and other senior honorary associates. It provides a lively community of practice across the professional life span of colleagues. TRAPC convenes a number of well-established series online – the Couples Convivium, Under the Magnifying Glass, the Qualifying Paper Discussion, the Therapy and Race Conversation, Meet the Author. It also hosts a membership Film Night and an Association Book Club, which have developed loyal followings. In October 2024, TRAPC inaugurated the Scientific Meeting with Mary Morgan as Honorary Chair and a full house of members attending in person at TR.

Our local authority partners





Continuing Professional Development with TR Together

TR Together, which launched in September 2023, is the professional learning platform of Tavistock Relationships (TR) and its purpose is to promote the study and practice of counselling and psychotherapy as part of TR's overall aim to create a better world through better relationships.

TR Together has received excellent feedback since launch and this year exceeded revenue targets by £53,500. Initial investment has enabled the development of a fantastic platform for growth, and marketing efforts have seen the contact database increase significantly. TR Together has also worked to create partnerships with other well respected organisations such as Karnac and the IPI, and is looking to develop a relationship with IACFP.

The most successful events this year have been *Couples Therapy with Orna Guralnik* and *ADHD and ADD in Adult Psychotherapy with Phil Mollon*

"I am finding these CPD events extremely helpful and interesting. Thank you!"

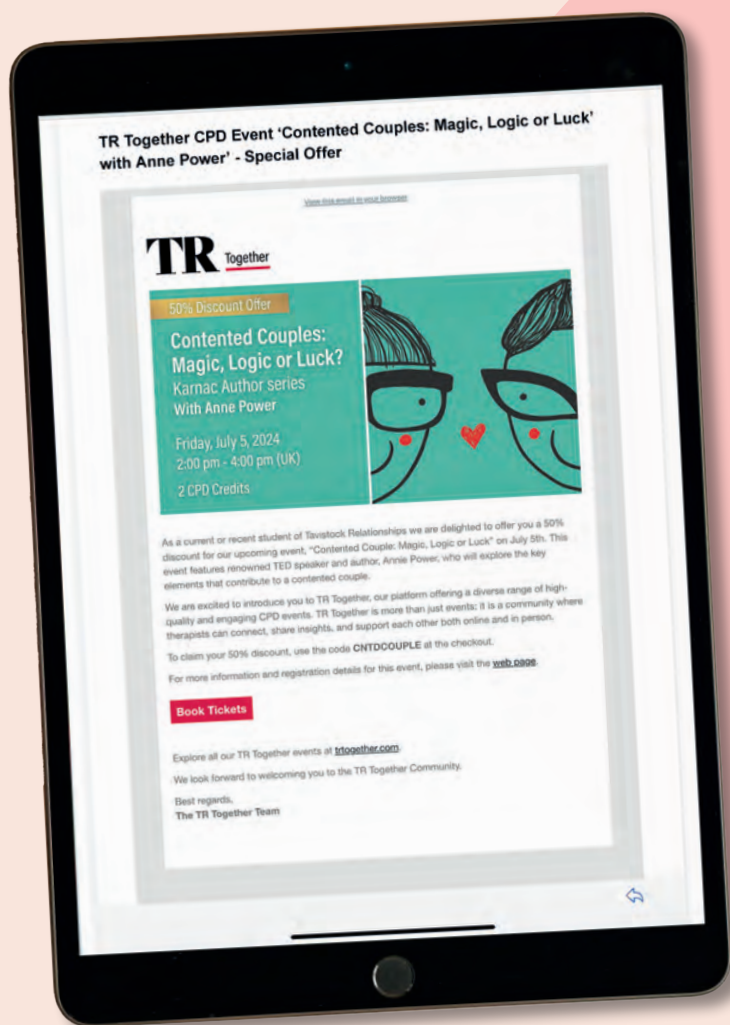
"Thank you for this. I have attended lots of CPD, but I enjoy these the most - quality assured."

Continuing professional development

Bringing the psychotherapy community together

Across the year the platform has brought therapists together through its diverse range of CPD offerings. Growth in popularity has been fuelled by popular Mailchimp newsletters featuring offers for an ever growing subscriber list. The newsletter's open rate has regularly exceeded that of peer publications with an impressive 64.8% average over the period.

Over the year
3,030
registrations &
1,555
accounts



Building links through social media

Following the set up of its website, TR Together sought to increase awareness and build links with its new social media channels. This has proven a highly successful strategy with 30,154 impressions for the year on Facebook and 13,892 organic (non-advertising-based) impressions on LinkedIn. An Instagram channel has also been launched as a vehicle to promote events through video reels of featured speakers and attractive visual content.



Face-to-face events



Top ten events

Over its first year TR Together ran 33 events. Top events included:

- Couples Therapy with Orna Guralnik
- ADHD and ADD in Adult Psychotherapy
- Advanced Psychoanalytic Psychotherapy Summer School
- Working with Neurodivergent Clients
- Couple Psychoanalytic Psychotherapy
- Clinical Impasse – A Five-Part Series
- Working with the Impact of Neglect
- From Loneliness to Solitude
- Salman Akhtar on Love
- First Contacts with New Clients

A strategy for expansion

The platform looks set to build on a very strong initial year by diversifying its events and expanding its CPD offer with psychoanalytic, psychodynamic and psychosexual workshops leveraging TR's reputation, core strengths, clinical acumen and training expertise. Activities will also include growing the international audience through joint events such as an international summer school and building partnerships with publishers and international therapist organisations. Over the year there are plans to develop membership offers and ensure retention through maintenance of high standards of delivery and customer service.

Governance and finances



Our structure and our strategy
for a sustainable future

Tavistock Institute of Medical Psychology (TIMP) Board: Our Governance

The full Board met four times during the year to consider organisational strategy, evaluate risk and monitor the organisation’s financial and operational performance as well as the work of its sub-committees. The Finance Sub-Committee is chaired by Jane Smith, while Lucy Marks MBE chairs the Quality & Practice Sub-Committee; Katherine Pinney chairs the Fundraising & Digital Committee while Dr Ros Bryar is chair of the Loans and Bursaries Committee.

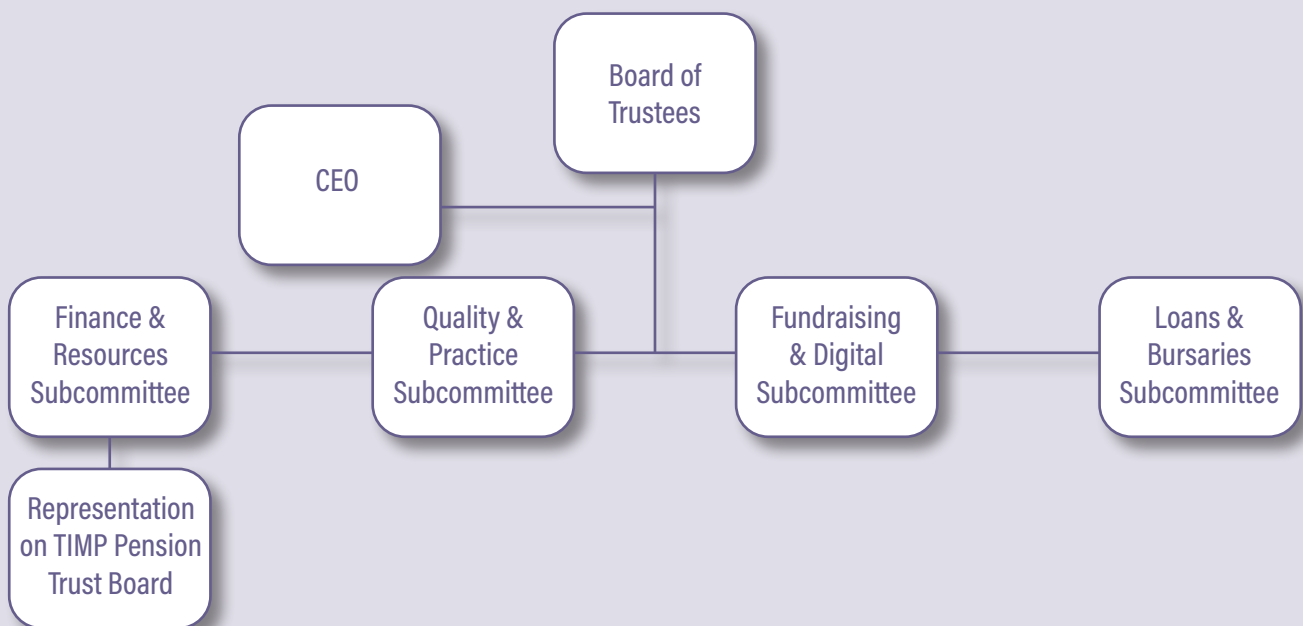
The Finance and Resource Committee met frequently to monitor the financial performance and position given the challenges faced during the year.

The following trustees retired during the year and we take this opportunity to thank them for their contributions: Haema Sundram, Rupert Harrison, Jacob Colton and Robert Rowland-Smith.

Our organisational structure

Andrew Balfour is supported as CEO by a team of Senior Leadership Staff. Robyn Hampson left her role as Director of Finance & Resources. Emma Porteous took up this role in after Robyn’s departure.

During the year we have appointed Ellen Burridge as Psychodynamic Training Programme - Joint Lead, working closely with Elle Sidel. Sabah Khan has joined the core staff team as CTfD PG Course Leader, working on the Level 7 course.



Governance and finances

Board of Trustees April 2023-March 2024



Professor Nick Pearce,
Chair of Trustees



Gail Kent, Deputy
Chair of Trustees



Professor
Rosamund Bryar



Dr Rupert Harrison
CBE



Dr Mavis Maclean
CBE



Katharine Pinney



Stanley Ruszczyński



Jane Smith



Patricia Key



Anne Hellgren



Haema Sundram



Lucy Marks
MBE



Anne-Sophie Legrain



Robert Rowland-Smith



Jacob Colton

Financial overview

TR maintained a steady level of revenue in the 2023 financial year. Revenues are expected to increase in financial year 2024 due to grant funding receipts. The organisation is targeting a sustainable business model, anticipating growth in some areas of income 2024 and beyond.

After an incredibly challenging year, TR no longer held any financial reserves, and finished the year with a significant deficit. We are incredibly focused on achieving a significant surplus in the financial year 2024-25 and the maintenance of a sustainable financial model in the future. Grant funding awarded for the 2024 and 2025 financial years has seen the delivery of excellent projects and our partnership with Birkbeck College is well established. We are also targeting an increase in other training revenues due to the development of new short courses and the introduction of a broader CPD programme.



Governance and finances

Following the termination of our lease of premises in Hallam Street during the 2024 financial year, TR will have a significantly reduced core cost base. This reduction in occupancy cost commitments will ensure the organisation can operate sustainably and enable it to adapt more readily to changes in activity and revenue streams, as well as enabling a focus on reaching audiences beyond our London base, investing in and using technology to improve access to our services for all.

Although we anticipate that revenues will grow from increased training and clinical service delivery activity, alongside the potential to attract grants for special project activity, we are working to ensure a cost base that can be accommodated in the event of decreased revenues in future years.

	Budget 2024-25	Outlook 2025-26*	Outlook 2026-27*
Revenue	£4,062,000	£3,726,000	£3,265,000
Gross profit	£1,451,000	£1,309,000	£1,165,000
Overheads	£1,048,000	£997,000	£937,000
Operating profits before depreciation and pension costs	£568,000	£287,000	£202,000

* Revenues considered to be the minimum we are likely to achieve and do not include donor support

Reserve policy

Trustees consider it prudent to retain a minimum level of reserves equivalent to one quarter of operating revenues – the target for this is a minimum of £800k based on future outlook. The organisation expects that it will take up to five years to rebuild reserves to this level from ordinary operating activity

With revenues expected to increase in the 2024 financial year, we are focussing on a sustainable business model drawing on grants, partnerships and development of our CPD offerings.

Publications list

Papers, articles and books
from TR staff and fellows



Publications April 2022–March 2024

Balfour, A. (2023) Between partnering and parenting: psychoanalytic approaches to working with parental couples. In *Celebrating 100 Years of the Tavistock & Portman* (Cundy and Yakeley, Eds). Routledge. pp. 102-118.

Clulow, C. (2024) 50 years on. *Newsletter of the Tavistock Relationships Association of Psychotherapists and Counsellors*. 5(2), April, pp.5-6.

Clulow, C. (2024) Psychotherapy – and all that jazz. *Newsletter of the Tavistock Relationships Association of Psychotherapists and Counsellors*. 5(1), January, p.2.

Clulow, C. (2023) In *Ludovica Grassi, Daniela Lucarelli, Giuseppe Saraò, La formazione nella psicoanalisi della coppia e della famiglia: quali strumenti e percorsi formativi?* Intervista a Elizabeth Palacios, Christopher Clulow, Christiane Joubert in "INTERAZIONI" 2/2023, pp 133-149, DOI: 10.3280/INT2023-002011

Clulow, C. (2023) Interpretation viewed through the lens of attachment informed couple psychotherapy. *Attachment*, 17, 173-184. doi: 10.33212/att.v17n2.2023.173

Clulow, C. (2023) Editorial. *Couple and Family Psychoanalysis*, 13(2) vii-x.

Clulow, C. (2023) with C. Vincent., Cleaveley E., 1934 – 2023. *Couple and Family Psychoanalysis* 13(2) 233–234.

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Hardy, A. Counselling for couples where one or both is autistic – Counselling Directory (counselling-directory.org.uk)

Hardy, A. Cancer and the couple: What counsellors need to know– Counselling Directory (counselling-directory.org.uk)

Hardy, A. Why can't we stop arguing? – Counselling Directory (counselling-directory.org.uk)

Kahr, B. (2023). *How to Be Intimate with 15,000,000 Strangers: Musings on Media Psychoanalysis*. London: Routledge / Taylor and Francis Group, and Abingdon, Oxfordshire: Routledge/Taylor and Francis Group.

Kahr, B. (2024). *Hidden Histories of British Psychoanalysis: From Freud's Death Bed to Laing's Missing Tooth*. Bicester, Oxfordshire: Karnac/Karnac Books.

Kahr, B. (2023). 'What a lovely woman': My Youthful Encounters with Marion Milner (1985-1998). In Margaret Boyle Spelman and Joan Raphael-Leff (Eds.). *The Marion Milner Tradition: Lines of Development: Evolution of Theory and Practice Over the Decades*, pp. 34-50. London: Routledge/Taylor and Francis Group, and Abingdon, Oxfordshire: Routledge/Taylor and Francis Group.

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Kahr, B. (2023). Intervista con Estela V. Welldon, luglio 1996. In Estela V. Welldon. *Giocando con la dinamite: Un personale approccio nella comprensione psicoanalitica della Perversione, Violenza e Criminalità*. Caterina Marchetti (Ed.). Marianna Caserio (Transl.), pp. 35-58. Turin: Kemet/Kemet Edizioni.

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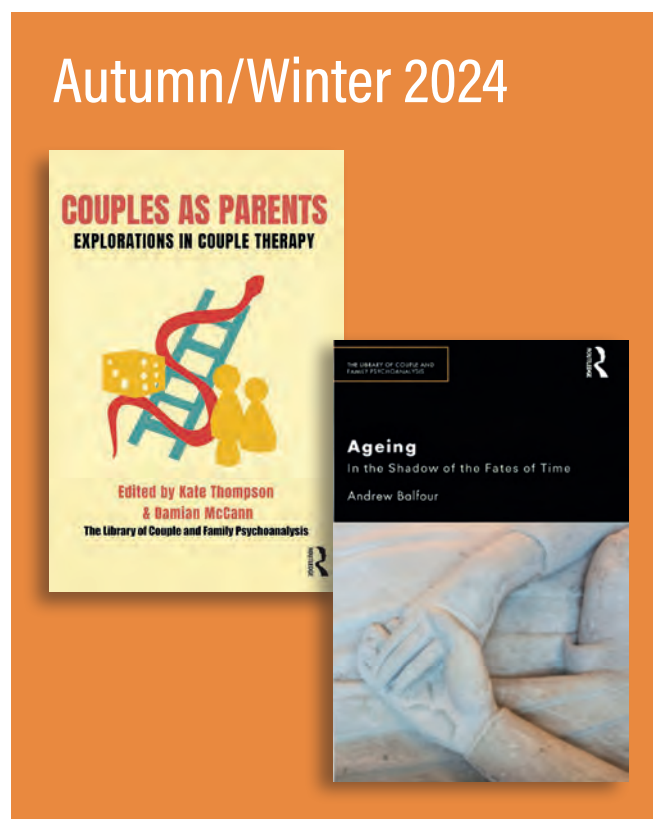
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10 New Street
London EC2M 4TP

020 7380 1975
info@TavistockRelationships.org

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