

Improving Lives for Generations



Online Family Hubs/Reducing Parental Conflict Practitioners Course (one term)

A 10-week course for local authority Reducing Parental Conflict champions to further their knowledge and understanding of relationship quality and how it impacts parenting, children and society.

Designed for practitioners in settings where family hubs funding is driving a relationship focussed approach.

Learn about the theory and practice of relationships to equip you to become a relationship champion in your Local Authority.

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Course Dates

January – March 2023
Wednesdays 9.30am – 11.30am

Fee:

£1,000 per person,
or two people for £1,750

Course Leader



Honor Rhodes, OBE
Director of Strategy
and Partnerships

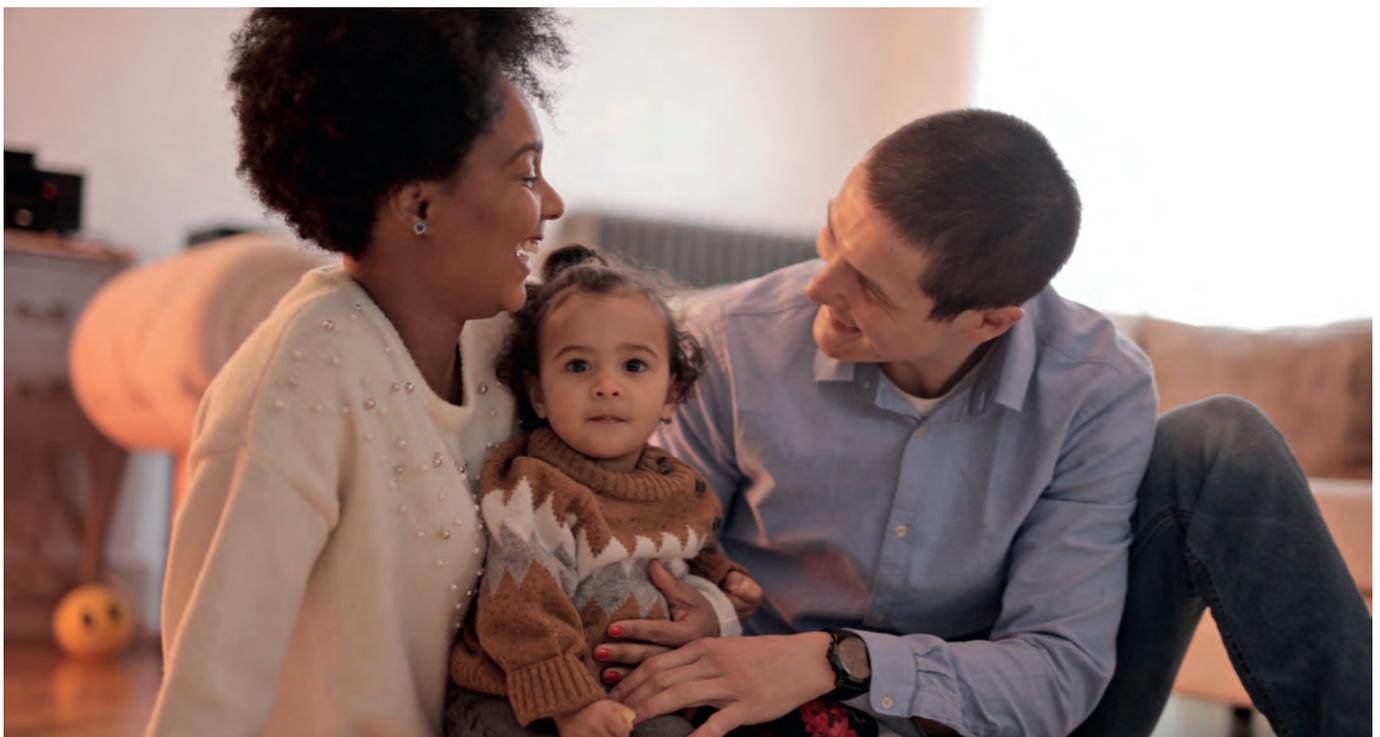
honor.rhodes@
tavistockrelationships.org

Outline

Tavistock Relationships is delighted to offer this new two-hour per week course led by Honor Rhodes, OBE to local authority practitioners interested in learning the best ways to support and improve parental relationships. Using weekly meetings over a term, we'll think together about research and practice and what obstacles we can overcome by thinking about relationship quality and how to improve it. We will look at relationship quality between parents who are living together or apart, between parents and children, wider family relationships and how professionals work together.

There are three areas of thinking:

1. Focus on ourselves and a better understanding of how individuals come to behave and think in certain ways
2. Relationships, between people, within families and across our professional working lives
3. Study of organisations and how they work, how they change and how we can understand them better, allowing us to work more usefully.





Reading and Materials

Week by week there are a range of reading options. We offer suggestions for Podcasts to listen to, newspaper articles to read and films to see. We know everyone learns and thinks in different ways, so we try hard to help every student find their own best method.

Tavistock Relationships Tutor Groups

Students are grouped into Tutor Sets. An experienced Tavistock Relationships tutor is there to guide, support and encourage you throughout the term.

“Thank you all letting me on this journey of change, and I agree every “relationship matters”. I will take lifelong learning from this programme.”

Course Attendee 2021

Applied Research Project Option

This course offers an applied research option for those students who are interested. Previous areas of research have included:

- Why do we find it hard to work with both parents?
- How can we best help parents whose children have autism/ASD or other conditions?
- How can we support better communication between parents who are separated and use children as weapons of war?
- Have we designed a service that is unfriendly to fathers by accident?
- How can we work restoratively using a relationships focus?
- Why is conflict so anxiety provoking?

Students have gone on to present their work to teams and senior managers leading to policy and practice change.

Schedule

11 January – 29 March 2023 (all online)

Wednesdays	Timing	Course Domain	Type of event
11-Jan	9.30am - 11.30am	Introductions, welcome, key ideas, evidence review Organisations	Workshop (2hrs)
18-Jan	9.30am - 10.30am	Understanding ourselves	Webinar (2 hrs)
25-Jan	9.30am - 11.30am	Understanding couple relationships	Webinar (2 hrs)
01-Feb	9.30am - 11.30am	Understanding organisations	Workshop (2hrs)
08-Feb	9.30am - 11.30am	Understanding change and resistance	Webinar (2 hrs)
15-Feb		READING WEEK	
22-Feb	9.30am - 11.00am	Tutorial Group	Tutorial groups (90 mins)
01-Mar	9.30am - 11.30am	Understanding ourselves as workers and colleagues, work and home lives	Webinar (2 hrs)
08-Mar	9.30am - 11.30am	Understanding couple and family relationships, what works to improve communication, trust and hope?	Workshop (2hrs)
15-Mar	9.30am - 11.30am	Understanding organisations, conflict and collaboration, policy practice and effectiveness, acting as internal consultants	Webinar (2 hrs)
22-Mar	9.30am - 11.00am	Tutorial Group material	Tutorial groups (90 mins)
29-Mar	9.30am - 11.30am	End of course celebration, bringing the work together and review	Workshop (2hrs)

How to apply

Applications are open now

Contact

Training
Tavistock Relationships
10 New Street
London EC2M 4TP

Email

training@tavistockrelationships.org

More about our Family Hubs offer:

Tavistock Relationships provides a range of services designed to help Family Hubs delivery the relationally focused approach which the Government has signalled they are expected to provide.

We have borne in mind the central principles referenced by the National Centre for Family Hubs: Access, Connection and Relationships.

[Read more here](#)





What our past students have said:

“I’m about to become my Service’s Relationships Champion and fly the flag with the idea.”

“I felt privileged to hear from experts in this field and could listen to Honor all day, such a good speaker!”

“I am a family support worker, so I use the knowledge you have taught me on a daily basis. It’s also been good to tell my colleagues what I’ve learned and help them to feel more confident to ask those difficult questions about relationships. Thanks for the memories!”

“Each week I was becoming more confident in my learning, listening to everyone’s research and hopes on how to embed RPC into their individual LAs and work areas was fantastic. It gave me ideas and I hadn’t thought of. I’ve loved the course.”

Improving Lives for Generations

Established in 1948, Tavistock Relationships is an internationally-renowned charity delivering and developing advanced practice, training and research in therapeutic and psycho-educational approaches to supporting couples.

Our training programmes in couple and sex therapy range from introductory up to clinical qualification level and are accredited by bodies including The British Association for Counselling and Psychotherapy and The British Psychoanalytic Council. Our London-based, national and international online clinical services offer affordable counselling and psychotherapy to people facing difficulties in their relationships and parenting. Our evidence-based, innovative projects such as Living Together with Dementia, Parents as Partners, Building Relationships for Stronger Families and Adopting Together have supported and improved the quality of relationships when most challenged.

Tavistock Relationships,
Registered Charity Number: 211058.

Company number: 241618
registered in England and Wales.

The Tavistock Institute of
Medical Psychology.

Certain photos posed by models for illustrative purposes.

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