

Free Therapeutic Group for Couples of Children with Global Developmental Delay

Group starting in September (Thursdays PM)



Learn how to strengthen your relationship for the benefit of your child and family

Convenient online sessions available



Open to couples and co-parents

Are you worried that stress in your relationship is affecting your children?

This FREE 16 week course will give you:

- A safe space to think through difficulties
- New, more constructive ways of resolving your differences
- Support from other couples who understand the unique pressures you may face

Helped me to listen and communicate more. Now we argue much less and it's helped us and our child.

Former parenting group member



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TAVISTOCK
RELATIONSHIPS

Improving Lives for Generations