

# CPD Training Opportunities

## Children and Divorce: the Ongoing Impact of Divorce on the Child and the Adult

**Date:** Saturday 30 June, 10pm – 4pm

**Trainer:** Dr Avi Shmueli, psychoanalyst, couple psychotherapist, Supervisor of Tavistock Relationships' Divorce and Separation Consultation Service



In our work with individuals and couples we encounter many clients who are going through divorce, may be worried about the effect of a recent divorce on their children or who may still be suffering from the after-effects of their own parents' bitter divorce.

The workshop will approach the subject of children in the context of divorce and separation from two perspectives. First, the use made of the child by the couple as part of the process of divorce. Second, the impact of divorce on the child and how this will be affected by the child's developmental stage. Consideration will be given to the ongoing effect of divorce on those who experienced it as children, and the aftermath of often acrimonious disputes. Throughout, implications for the clinician's technique will be considered and commented upon.

There will also be a consideration of the legal processes in relation to children in the process of divorce.

**Cost:** £118

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

## Sex in the Consulting Room: the Big Taboo

**Date:** Saturday 7 July, 10pm – 1pm

**Trainer:** Marian O'Connor, psychosexual and relationship therapist, lecturer, supervisor



This workshop is aimed at couple and individual psychotherapists as well as other health workers whose clients may have physical, emotional or relationship issues which could affect the quality of their sexual relationships.

How do we talk about sex with clients and patients? Are we being intrusive if we ask direct questions about a client's sex life? Is having a satisfactory sex life important?

This half-day workshop will think about these questions. It will consider sexual anatomy and psychosexual dysfunctions, and will look more closely at the common psychosexual difficulties our clients might bring.

**Cost:** £65

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

**BOOK ONLINE NOW**

 020 7380 8288

 [training@TavistockRelationships.ac.uk](mailto:training@TavistockRelationships.ac.uk)

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## Being In the Moment: How Acting Techniques Can Help the Therapist to be Present

**Date:** Friday 21 September 2018, 10pm – 4pm

**Trainer:** Scott Williams, theatre director and producer; Perrine Moran, psychodynamic counsellor and psychoanalytic couple psychotherapist



This experiential workshop draws on acting techniques to focus on what takes place between people in the immediacy of the therapeutic encounter.

Participants can discover and practise exercises developed by the acting teacher Sanford Meisner. These exercises, mainly based on repetition, are used by actors such as Diane Keaton and James Gandolfini to access, observe and respond in the moment to affect in others and themselves. Links will be made with a variety of clinical situations and particularly with Mentalization Based Therapies. Professional actors will attend the workshop and will work with the participants so that everyone can experience being both observer and actor – positions we occupy daily in the consulting room.

The event will be of interest to individual, group, couple psychotherapists and those in training. It is suitable for newcomers as well as those who attended Scott and Perrine's previous workshop.

**Cost:** £118 (£108 if booked and paid for by 10 August 2018)

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

## Anger and Creativity – The Dynamics of Aggression in Intimate Family Relationships

**Date:** Friday 12 October 2018, 10pm – 4pm

**Trainer:** Susanna Abse, psychoanalytic psychotherapist, executive coach, organisational consultant



In the therapeutic encounter clinicians are often presented with the struggles their patients have with aggression, whether that be linked to repression and the inhibition of anger or conversely, difficulties with managing overwhelming affect.

This workshop for individual, group, family and couple psychotherapists and counsellors will review theories of aggression and explore clinical presentations that illustrate the dynamics of aggression as played out in intimate relationships as well as between patients and therapists. Using attachment and psychoanalytic frameworks, the workshop will enable clinicians to gain a deeper understanding, and an increased capacity to work with this area of difficulty.

Therapists can learn to identify, understand and work with the defensive strategies that can be employed to avoid conflict and investigate how to contain and work with this anger creatively.

**Cost:** £118 (£108 if booked and paid for by 31 August 2018)

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

Details of forthcoming conference on next page.

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## 70th Anniversary

### Conference:

## Learning from Experience, Innovating for the Future



This conference will explore couple psychotherapy as an approach that has relevance for tackling some of the key social problems of our time. It will look at the wider context of social and family policy from the inception of the welfare state in post-war Britain to now, with a focus on evidence and the links between family functioning and mental health. A strong focus on clinical practice will explore clinical applications of analytic work with couples including:

- new developments in psychoanalytic thinking about the couple relationship
- adaptations of our model with couples where there is high conflict and domestic violence
- parenting issues and adoption
- depression and long-term health conditions as well as end-of-life care.

**Date:** Friday 30 November 2018, 9.30pm – 4.30pm

#### Speakers to include:

- Professor Paul Burstow, former Minister of State for Care Services 2010–12 and Chair Trustees Board, Tavistock and Portman NHS Trust
- Stanley Ruszczynski, Consultant Adult Psychotherapist with the Tavistock & Portman NHS Clinic
- Baroness Claire Tyler, former CEO of Relate and peer in the House of Lords
- Mary Morgan, Reader in Couple Psychoanalysis, Tavistock Relationships
- Dr Renee Singh, Founding Director of the London Intercultural Couples Centre
- Professor Brett Kahr, Senior Clinical Research Fellow in Psychotherapy and Mental Health at the Centre for Child Mental Health
- Professors Philip and Carolyn Pape Cowan, University of California, Berkeley

**Chair:** Andrew Balfour, Chief Executive Tavistock Relationships, Consultant Couple Psychoanalytic Psychotherapist, Adult Psychoanalytic Psychotherapist

Further sessions will be delivered by Tavistock Relationship staff past and present including: Susanna Abse, Andrew Balfour, Chris Clulow, David Hewison, Julie Humphries and Krisztina Glausius, Mary Morgan and Stanley Ruszczynsk.

Presentations will draw from two new Tavistock Relationships books, which will be launched on the day:

- *A Couple State of Mind: Psychoanalysis of Couples* by Mary Morgan
- *Engaging Couples: New Directions in Therapeutic Work with Families* edited by Andrew Balfour, Christopher Clulow, and Kate Thompson.

**Cost:** £130 (£120 if booked and paid for by 19 October 2018)

**Venue:** King's Building – King's College London, Strand, London WC2R 2LS

Also see website for details of Summer Schools.

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