

# CPD Training Opportunities

## Understanding Shame and Humiliation in Couple Relationships

**Date:** Friday 13 April, 10am – 1pm

**Trainer:** Dr Amita Sehgal, psychoanalytic couple psychotherapist

This half-day workshop will explore the role of shame in human relationships and discuss the origin of shame pathology using neuroscience. Clinical implications of working with couples will be considered.

This workshop will explore:

- the role of shame and humiliation in human relationships
- a neuroscientific understanding of the origin of shame pathology
- the role of shame in relationships and to how work with it within a psychoanalytic framework.

**Cost:** £65

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB



## Asperger Syndrome: Working Clinically With Individual and Couples Affected by the Condition [Repeat]

**Date:** Saturday 21 April, 10am – 4pm

**Trainer:** Maxine Aston, Couple Therapist, Author, Trainer and Supervisor

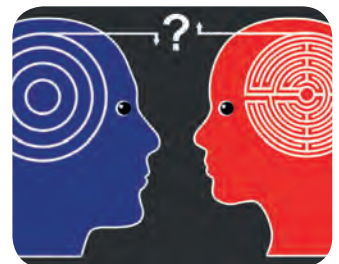
This workshop is for individual and couple therapists who would like to increase their awareness and skills in working with clients affected by Asperger syndrome. It aims to increase understanding of what is Asperger syndrome, what it is not, and how it affects both the individual and the couple relationship.

Through discussion, lecture and case studies, this workshop will examine:

- what is meant by Autistic Spectrum Disorder,
- the effect of Alexithymia and lack of Theory of Mind,
- the effect of Sensory Sensitivity on individuals with Asperger syndrome,
- how one might recognise someone with Asperger syndrome in practice.
- ways of working with individuals with Asperger syndrome.
- the affect of Asperger syndrome upon family members and particularly the couple relationship
- ways of working with couples where one partner has AS.
- differences between males and females presenting with the syndrome.

**Cost:** £118

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB



**BOOK ONLINE NOW**

 020 7380 8288

 [training@TavistockRelationships.ac.uk](mailto:training@TavistockRelationships.ac.uk)

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## Constellations and its Application to Couples Therapy

**Date:** Friday 18 May 2018, 10pm – 4pm

**Trainer:** Robert Rowland Smith, systemic family constellations practitioner, writer, philosopher



In addition to providing a theoretical background to systemic family constellations, this day-long workshop will offer opportunities to work on real cases in constellation groups. The experiential nature of the workshop will provide insights into systemic therapy as well as enabling participants to find new ways of understanding couple and family dynamics

Robert Rowland Smith is a British author, philosopher and practitioner of Systemic Family Constellations. His books include *Derrida and Autobiography* (Cambridge University Press, 1995), *Breakfast with Socrates: The philosophy of everyday life* (Profile Books, 2009), and *AutoBioPhilosophy: An intimate story of what it means to be human* (4th Estate, 2018). He is a regular speaker at public and private events, addressing a wide range of topics that includes philosophy, psychology, politics and art. Alongside his literary career and his work in the field of Systemic Family Constellations, Smith works as a business adviser.

**Cost:** £118 (£108 if booked and paid for by 6 April 2018)

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

## Children and Divorce: Understanding the impact on and use of the child in the context of divorce and separation

**Date:** Saturday 14 July, 10pm – 4pm

**Trainer:** Dr Avi Shmueli, psychoanalyst, couple psychotherapist, Supervisor of Tavistock Relationships' Divorce and Separation Consultation Service



In our work with individuals and couples we encounter many clients who are going through divorce, may be worried about the effect of a recent divorce on their children or who may still be suffering from the after effects of their own parents' bitter divorce.

The workshop will approach the subject of children in the context of divorce and separation from two perspectives. Firstly, the use made of the child by the couple as part of the process of divorce. Secondly, and following on from this, the impact of divorce on the child and how this will be affected by the developmental stage of the child/children. Throughout, implications for the clinician's technique will be considered and commented upon.

There will be a consideration of the legal processes in relation to children in the process of divorce.

**Cost:** £118 (£108 if booked and paid for by 2 June 2018)

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

Details of forthcoming conferences on next page.

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## Spring Conference 2018

### Couple Attachments: Relationships That Change Us

**Date:** Saturday 12 May 2018, 9.30pm – 4.30pm

**Speakers:** Dr Amanda Jones, Consultant Perinatal

Psychotherapist and Honorary Associate Professor of Warwick Medical School; Andrew Balfour, Chief Executive

at Tavistock Relationships, Consultant Couple Psychoanalytic Psychotherapist and Adult Psychoanalytic Psychotherapist; Dr Christopher Clulow, Consultant Couple Psychoanalytic Psychotherapist and Senior Fellow at Tavistock Relationships; Professor Jeremy Holmes, Consultant Psychiatrist and Psychoanalytic Psychotherapist; Professor Mary Target (Professor of Psychoanalysis at University College London)



Attachment Theory has long held a place in Tavistock Relationships 70 year history of thinking psychoanalytically about the couple relationship. The 2018 Spring Conference will be chaired by Dr. Christopher Clulow, former Director of Tavistock Relationships, who has a particular interest in how creative couple relationships can transform early attachment deficiencies. Dr Amanda Jones will talk about the importance of early mother and infant bonding and will illustrate her points with some beautiful film footage. Andrew Balfour will focus on the other end of the age spectrum, examining the effect of strengthening couple attachment relationships in illness and old age. Jeremy Holmes will speak about the integration of developments in neuroscience with attachment informed psychotherapeutic practice and Mary Target will highlight the importance of the analyst/patient relationship, using both attachment and psychoanalytic theory to inform her thinking and work.

**Cost:** £130 (£120 if booked and paid for by 31 March 2018)

**Venue:** Tavistock Relationships, Warren Street, London, W1T 5PB

## Autumn Conference 2018

**Date:** Friday 30 November 2018, 9.30pm – 4.30pm (Provisional)

**Speakers:** Soon to be announced

**Chair:** Soon to be announced

This event will mark the high water mark of a year of activities for Tavistock Relationships, celebrating its creation in 1948 and the work of seven decades supporting couples and families. Other activities will include online events, web papers and lectures on psychoanalytic and psychodynamic thought on couples and relationships.

The event will feature guest speakers from both within the field of psychoanalysis and from related fields of health, social care and education.

A full programme is to be announced over the next few weeks, but early booking is recommended.

**Cost:** £130 (£120 if booked and paid for by 19 October 2018)

**Venue:** King's Building – King's College London



See website for details of Summer Schools.

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