

CPD Training Opportunities

Childhood Experience and its Impact on the Couple Relationship – a Couple and Child Psychotherapy Perspective

Date: Saturday 1 July 2017, 10am – 4pm

Trainers: Patsy Ryz, Child and Adolescent Psychotherapist and a Psychoanalytic Couple Psychotherapist; Lucy Alexander, Child and Adolescent Psychotherapist



Through presentations, examples and discussion, two experienced child psychotherapists will enable participants to gain a greater understanding of the infant's early emotional experience of the ways in which the mother-infant relationship is formed- both in health and in pathology, and of how these early experiences influence and impact on adult couple relationships in later life.

Content will include a presentation on early emotional experience and mother-infant interaction, and a presentation on couple work. Participants will be asked to bring case material for discussion and the workshop will end with a Q&A session and an opportunity to review the day as a whole.

Cost: £118

Venue: Tavistock Relationships, Warren Street, London, W1T 5PB

How Attachment Bonds Shape our Relationships: A Developmental Perspective

Date: Saturday 23 September 2017, 10pm – 4pm

Trainer: Madeleine Woof, individual and couple psychoanalytic psychotherapist



This course is suitable for individual and couple psychotherapists, social workers, family support workers, health visitors, midwives, people interested in learning more about developments in Attachment Theory.

Topics include:

- How do infants, children and adults adapt to danger and their need for comfort and protection, in their particular partnership/family?
- How do strategies develop throughout the lifecycle?
- How a developmental perspective can help therapists and practitioners communicate with their adult clients because it makes maladaptive behaviour meaningful.

Cost: £118 (£108 if booked and paid for by 12 August 2017)

Venue: Tavistock Relationships, Warren Street, London, W1T 5PB

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 020 7380 8288

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Autumn Conference 2017: Winnicott and the Couple



Date: Saturday 11 November 2017, 9.30am – 4.30pm

Speakers: Angela Joyce (Chair of the Winnicott Trust, co-author of *Reading Winnicott*), Brett Kahr (author of *Tea with Winnicott* and *D W Winnicott: A Biographical Portrait*) and David Hewison (Jungian analyst and couple psychoanalytic psychotherapist)

The importance of aliveness, vitality and creativity pervades the work of D W Winnicott as a paediatrician, child psychiatrist, and psychoanalyst. He wrote about the development of the False Self in infancy and childhood, when the unfolding of the infant/child's individual personality is overwhelmed by the needs of others (usually the parent). The False Self allows the child to survive and be accepted but at the cost of aliveness and vitality.

This conference aims to look at how Winnicott's life and work can help inform our therapeutic work with couples. How can each member of a couple maintain their individuality and still feel loved and accepted? Do some relationships stifle the ability to think and grow in a creative manner?

Cost: £130 (£120 if booked and paid for by 30 September 2017)

Venue: Tavistock Relationships, Warren Street, London, W1T 5PB

Twins: Unconscious Phantasies and the Dynamics of the Twin Relationship and the Twin Transference



Date: Saturday 2 December 2017, 10am – 4pm

Trainer: Vivienne Lewin, Psychoanalytic Psychotherapist

The aim of this workshop is to understand and learn to recognise the dynamics of the twin relationship and the enduring internal twinship that exists within all twins, and how this will affect all relationships with which twins engage. This course addresses the important issue of the effects of the enduring unconscious twin relationship on all the intimate relationships in the lives of a twin.

Vivienne will present material outlining the development of twins and the dynamics of the twin relationship, and how the twinship remains a central internal factor in each twin.

Cost: £118 (£108 if booked and paid for by 21 October 2017)

Venue: Tavistock Relationships, Warren Street, London, W1T 5PB

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