

# OPEN EVENING

## OBJECTIVES AND INTRODUCTIONS

# Tonight

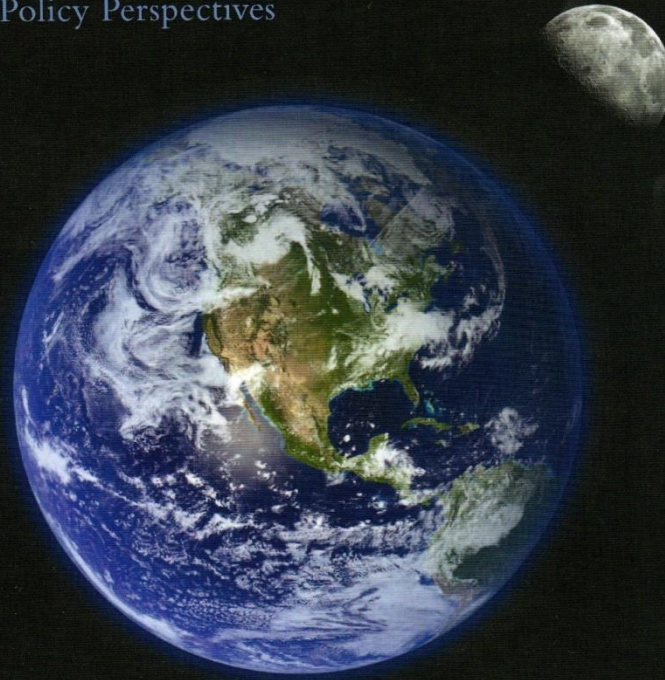
- ▶ Tavistock Relationships, our organisation and our work
- ▶ Why couple relationships matter – Mary Morgan
- ▶ An overview of our training
- ▶ Current and previous students
- ▶ Couple film clip/discussion

# Tavistock Relationships

- ▶ Origins; a coming together of social workers and Tavistock Practitioners, established in 1948
- ▶ Development of psychoanalytically informed couple theory
- ▶ Creative interaction between practice, research & training

# HOW COUPLE RELATIONSHIPS SHAPE OUR WORLD

Clinical Practice, Research,  
and Policy Perspectives



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AND CHRISTOPHER VINCENT

**KARNAC**

THE LIBRARY OF COUPLE AND FAMILY PSYCHOANALYSIS



**FAVISTOCK**  
RELATIONSHIPS

OXFORD

# couple therapy for depression

A CLINICIAN'S GUIDE TO INTEGRATIVE PRACTICE



DAVID HEWISON • CHRISTOPHER CLULOW • HARRIET DRAKE



**TAVISTOCK**  
RELATIONSHIPS

# Principal activities are:

- Training & professional development
- Clinical services
- Research
- Policy development

# Clinical service

- ▶ Services are priced according to ability to pay
- ▶ Accessible to all irrespective of sexual orientation and relationship status
- ▶ Through the life-cycle
- ▶ Individuals, couples and groups

# Training

- ▶ Practitioner trainings from Introductory to Professional Doctorate
- ▶ A range of CPD programmes
- ▶ Psychosexual Certificate
- ▶ Commissioned training



# Practitioner Trainings

- ▶ Introductory courses
- ▶ Masters' programmes
- ▶ Professional Doctorate

# Clinical Pathways

- ▶ Psychodynamic – BACP
  - ▶ Psychoanalytic – BPC
  - ▶ Psychosexual – COSRT
- 
- Leading to 3 Masters' Awards

**INTRODUCTORY COURSE  
IN COUPLE COUNSELLING  
AND PSYCHOTHERAPY**

# Overview:

- ▶ The course is specifically designed to provide participants with the opportunity of learning more about couple work, the special character of the marital/couple focus and the theory underpinning this approach. In addition, the training can improve personal and professional relationships through developing greater self-awareness and an enhanced understanding of the dynamics inherent in any family or social group.

# **Specifically the course covers:**

- ▶ Introduction to psychodynamic way of working with clients
- ▶ Introduction to the particular skills of a couples therapist
- ▶ Exploration of the dynamics of the couple relationship

# Course Components

- ▶ Theory seminars/workshops
- ▶ Self-reflective groups
- ▶ Support throughout the course from a personal tutor
- ▶ Written work in the form of a diary

# Duration and commitment

- ▶ Two terms: 22<sup>nd</sup> January 2018 – 18<sup>th</sup> June 2018
- ▶ Monday: 6.30pm – 9.50pm
- ▶ Location: Warren Street, London

# What can it lead to?

- ▶ It will allow you to apply for MA Couple and Individual Psychodynamic Counselling and Psychotherapy, which starts in September 2018
- ▶ It will help with applications to other counselling/psychotherapy courses



# How to apply

- ▶ Complete application form online  
[www.tavistockrelationships.org](http://www.tavistockrelationships.org)
  - ▶ Deadline for applications
    - ▶ **10<sup>th</sup> November, 2017**
    - ▶ £50 application fee
- ▶ Selection evening date: 24<sup>th</sup> November, 2017

Course fees: £1200

# Psychodynamic Pathway

- ▶ Theory seminars
- ▶ Self-reflective practice groups
- ▶ Weekly group supervision
- ▶ 300 hours of clinical case work
- ▶ Clinical seminars
- ▶ Personal psychoanalytic psychotherapy once a week
- ▶ Qualification: MA Couple and Individual Psychodynamic Counselling and Psychotherapy

# Psychoanalytic Pathway

- ▶ Individual supervision
- ▶ Longer term clinical work
- ▶ 2 co-therapy cases
- ▶ Psychiatric placement
- ▶ Infant observation
- ▶ 3 x week personal psychoanalytic psychotherapy
- ▶ Qualification: MA Couple Psychoanalytic Psychotherapy

# Professional Doctorate

- ▶ After a clinical couple qualification
- ▶ Taught part in years 1 & 2
- ▶ Research part in years 2 – 4
- ▶ Tutorials and research supervision
- ▶ 40,000-60,000 word dissertation in a couple-related area