

Our Training Staff

Tavistock Relationships offers unrivalled specialist expertise to help you in your training journey. Tavistock Relationships offers students the opportunity to work with the foremost experts in couple psychoanalytic, psychodynamic and psychosexual work anywhere in the world.



Andrew Balfour, CEO

Andrew Balfour is a psychoanalytic psychotherapist trained to work with couples and individuals and is also qualified as a clinical psychologist. He has many years' experience of working psychotherapeutically with couples, developing new projects and conducting research. He has published many papers in the field and has taught and lectured widely both in Britain and abroad. Andrew was appointed CEO in May 2016.

Key members of training staff:



Julie Humphries, Director of Studies

Julie has been a member of the Tavistock Relationships faculty since 2011. She initially led and managed short courses, then became Head of MA in Couple and Individual Psychodynamic Counselling and Psychotherapy and then moved into her current role as Director of Studies in 2016. She is a couple psychoanalytic psychotherapist and also undertakes training and supervision.



Mary Morgan, Head of the MA in Couple Psychoanalytic Psychotherapy and Reader in Couple Psychoanalysis

Mary joined Tavistock Relationships in 1990. Previously a social worker running a Family Centre in Brixton, she trained as a couple psychoanalytic psychotherapist and then later as a psychoanalyst. She is developing long distance learning at Tavistock Relationships, has published many articles and teaches on couple relationships around the world.



David Hewison, Head of Research and Ethics; programme leader of the Professional Doctorate in Couple Psychotherapy

David joined Tavistock Relationships in 1996 with a background in adult mental health social work and training. A Jungian analyst and consultant couple psychoanalytic psychotherapist, he has been involved in all aspects of Tavistock Relationships work over the years including being part of the senior management team. He is currently leading the Centre's research and publication functions.



Catriona Wrottesley, Head of Studies (MA Psychodynamic and MSc Psychosexual and Relationship Therapy) and couple psychoanalytic psychotherapist

Catriona has been a member of the Tavistock Relationships faculty since 2012. She initially led and managed continuing professional development (conferences, lectures and short courses) and commissioned trainings before moving into her current role in 2016. She is responsible for the MA in Couple and Individual Counselling and Psychotherapy and the MSc in Psychosexual and Relationship Therapy. Catriona qualified as an individual psychodynamic psychotherapist with WPF Therapy and as a couple psychoanalytic psychotherapist at Tavistock Relationships.



Patsy Faure, Visiting Lecturer and Clinician

Patsy has a varied work portfolio. She did her initial training as a Couple and Relationship Counsellor at London Marriage Guidance, followed by trainings as a Group Counsellor and Supervisor. She has taught with her colleague on the Introductory Course at Tavistock Relationships for several years, as well as training on other short courses at Tavistock Relationships. She has a private practice in Canary Wharf, London's financial district, and supervises groups at a leading mental health charity and for an organisation which counsels refugees. Patsy's background was initially in human resources in organisations which have an international outlook, including a well-known human rights organisation.



Jane Seymour, Visiting Lecturer and Clinician

Jane trained as a Couple and Relationship Counsellor at London Marriage Guidance. She subsequently trained as a Psychosexual Therapist and a Supervisor. She has also completed an MA in Psychoanalytic Studies. Jane devised the MSc in Psychosexual and Relationship Therapy at Tavistock Relationships and continues her involvement with Tavistock Relationships as a trainer and supervisor. For several years now she has taught the Introduction to Couple Counselling and Psychotherapy with colleague Patsy Faure. Jane has delivered the Certificate in Psychosexual Studies for therapists in Turkey and visited Stockholm to lecture on the subject of psychosexual assessment. She has presented training for a range of organizations including Relate, BUPA, the Royal Shakespeare Company and the Academy of Live and Dramatic Arts. Jane works as a therapist and supervisor in private practice in South London.

Training administration team:

Yasmina Hedhli, Head of Training Operations

Yasmina has previously worked for a number of universities, including King's College London. She oversees the operations of all Tavistock Relationships' training programmes and events.

Deepa Pagarani, Senior Training Co-ordinator

Deepa works on the practitioner training programmes, and enjoys supporting students through their journey at Tavistock Relationships.

Shareen Akhtar, Training Coordinator

Shareen works across a number of areas and courses, including the Introduction to Couple Counselling and Psychotherapy course.

Isaac Moores, Information and Training Coordinator

Isaac works on the practitioner training programmes, manages the library and looks after our online learning hub.

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 www.TavistockRelationships.ac.uk/training-courses